



# Livermore Police Department Mobile Evaluation Team Resource List

## 988 Suicide & Crisis Lifeline (National)

- 24-hour line that connects people with local in-person crisis stabilization services
- A person can connect with someone via phone, text, or online chatroom

## 24/7 Alameda County Crisis Line

- (510) 891-5600

## Psychologytoday.com

- Excellent resource for families with private insurance

## Veteran's Crisis Line

- Connect with someone via phone or through chat at [VeteransCrisisLine.net/Chat](http://VeteransCrisisLine.net/Chat)
- 1-800-273-8255 and press 1

## Access (Acute Care and Evaluation)

- Main route for getting a mental health referral for therapy and psychiatry services for families with Medi-Cal insurance
- 1-800-491-9099

## Bay Area Legal Aid

- Free legal advice on housing, public benefits, and consumer law: Call 1-800-551-5554
- Consultation/domestic violence hotline: Call 1-888-330-1940

## Trevor Lifeline (LGBTQ+ Youth)

- Provides 24/7 crisis support services via phone, text, or chat
- 1-866-488-7386

## YWCA Sexual Assault Crisis Line

- 24-hour crisis line for survivors, family members, and friends
- 1-800-572-2782

## Alcoholics Anonymous 24/7 Line

- Connect with an AA member day or night for support
- 1-800-273-8255 and press 1

## Bridge Substance Use Clinic

- Provides same-day response and services
- (510) 545-2765 (call or text M-F 8am-5pm)

## FERC (Family Education and Resource Center)

- Provides family advocacy and support for persons with loved ones struggling with mental health
- 1-888-896-3372

## Tri-Valley Safe Haven

- Provides services for survivors of domestic violence and sexual assault
- 24-hour crisis line (925) 449-5842